



Dear Parents,

It's that time of the year again for the ***Return of DCS Field Day!*** The Physical Education department will be hosting our annual field day, Monday, June 17th (rain day June 18th). This is a fun filled day full of activities promoting cooperation, team building, school spirit, friendly competition and encouraging sportsmanship. We have planned many outdoor activities including several water events. Please read through the following information to better prepare your child for safety and success.

Recommended items for field day:

- Hat/Sun Visor
- Sunglasses
- Sunscreen/Sunblock
- Water Bottle
- Comfortable shorts and shirt (each grade level will wear a certain color shirt).
- Appropriate footwear like sneakers should be worn. Sandals and flip flops are not appropriate choices for safety reasons.

Clothing not permissible:

- Swimsuits of any kind
- Spaghetti strap shirts or any shirt that exposes the abdomen
- Excessively baggy shorts or pants
- Flip flops, sandals, or any open toe/open heel shoe

There will be some water stations so you may consider sending a towel, and an extra set of clothing to be worn home at the end of field day. We **STRONGLY RECOMMEND** your child bring his/her own water bottle which can be refilled as needed during the day.